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Convenience Meals

Menu

Beef Lasagne

Lean Ground Beef, Tomato, Onion, Celery, Béchamel Sauce Layered with Imported Pasta and Topped with Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

Bobotie

Traditional Cape Malay Dish of Ground Beef, Onion, Mild Sweet Curry and Malay Spices

300g	600g	900g	1,2kg
R70	R140	R210	R280

Cottage Pie

Lean Ground Beef, Carrots, Onion, Celery, Tomato, Topped with Creamed Potato & Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

Beef Meatballs in Tomato Sauce

Lean Beef Mince Meatballs in a Tomato Sauce made with Italian Tomatoes, onions, celery, Garlic & Oregano

300g	600g	900g	1,2kg
R70	R140	R210	R280

Beef Bourguignon

Cubed Beef, Baby Shallots, Mushrooms, Tomato and Herbs in a Rich Red Wine Sauce

300g	600g	900g	1,2kg
R75	R150	R225	R300

Beef Stroganoff

Beef Strips, Onion, Celery, Mushrooms, Sherry, in a Sour Cream Sauce

300g	600g	900g	1,2kg
R75	R150	R225	R300

Hungarian Goulash

Beef Cubes, Onion, Celery, Peppers, Peeled Tomatoes, Potatoes, in a rich Paprika Sauce

300g	600g	900g	1,2kg
R75	R150	R225	R300

Lamb & Tomato Bredie

Cubed Lamb, Potato, Onion, Celery, Carrots, In a Red Wine & Tomato Gravy

300g	600g	900g	1,2kg
R90	R180	R270	R360

Traditional Lamb Curry (Mild)

Cubed Lamb, Tomato, Onion, Potatoes, Carrots, Celery, Chillies, Spices in a Rich Sauce

300g	600g	900g	1,2kg
R90	R180	R270	R360

Chicken Lasagne

Minced Chicken Fillets, Tomato, Onion, Celery, Béchamel Sauce Layered with Imported Pasta and Topped with Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

Chicken a la King

Chicken Strips, Mushrooms, Green Peppers, Creamy Béchamel Sauce

300g	600g	900g	1,2kg
R70	R140	R210	R280

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Chicken Tikka Masala

Boneless Chicken Marinated in Yoghurt and Asian Spices, Onion, in a Tomato Cream Sauce

300g	600g	900g	1,2kg
R75	R150	R225	R300

Chicken Korma (Mild)

Boneless Chicken, Onion, Garlic, Ginger, Chilli, Ground Almonds, Cardamom, Coriander, in a Tomato, Cream & Yoghurt Sauce

300g	600g	900g	1,2kg
R75	R150	R225	R300

Sweet & Sour Chicken with Cashews

Boneless Chicken, Julienne of Cucumber, Red Pepper, Carrot, Onion & Pineapple in a Sweet & Sour Sauce with Cashew Nuts

300g	600g	900g	1,2kg
R70	R140	R210	R280

Asian Butter Chicken (Mild)

Boneless Chicken, Onions, Tomato, Asian Spices In a Cream & Butter Sauce

300g	600g	900g	1,2kg
R75	R150	R225	R300

Green Thai Chicken Curry (Mild)

Boneless Chicken Thighs, Asian Spices, Coconut Milk, with Green Beans, Baby Corn, Red Pepper & Shaved Carrot

300g	600g	900g	1,2kg
R75	R150	R225	R300

Fisherman's Pie

Medy of Fish, Sliced Mushrooms, Peas & Onions in a Cheesy Béchamel Sauce With a Hint of Paprika, Topped with Creamed Potatoes & Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

VEG Lentil & Vegetable Cottage Pie

Brown Lentils, Carrots, Onions, Celery & Tomato, topped with Creamed Potatoes and Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

VEG Spinach & Ricotta Cannelloni

Cannelloni stuffed with Chopped Spinach and Ricotta Cheese, Covered with Béchamel Sauce and Grated Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

VEG Vegetable Lasagne

Medy of Roasted Vegetables, Tomato, Béchamel Sauce, Layered with Imported Pasta and Topped with Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

VEG Ratatouille Pie

Aubergine, Courgette, Green Pepper, Onion, Garlic and Tomatoes, Topped with Creamed Potatoes and Cheddar Cheese

300g	600g	900g	1,2kg
R70	R140	R210	R280

PLEASE NOTE: FROZEN MEAL ODERS ARE PROCESSED ON MODAYS ONLY DUE TO OTHER CATERING COMMITMENTS. ALL ORDERS RECEIVED WILL BE PROCESSED ON THE FOLLOWING MONDAY

MARK STUART

Caterer

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